KY Moms: Maternal Assistance Towards Recovery (MATR) Services:

- For Pregnant and Postpartum Women who are at risk for or diagnosed with Substance Use Disorders
- Operated by KY’s 14 Community Mental Health Centers
- Additional Mental Health services and Recovery Supports are offered by each region. Contact the CMHC for more information.

Kentucky Division of Behavioral Health contact:
Katie Stratton: (502) 782-6192
Katie.stratton@ky.gov

KY Moms MATR by Community Mental Health Region

1- Four Rivers Behavioral Health
   (Paducah & surrounding counties)
   Ellen Walsh  (270) 442-8039 x 1703
ewalsh@4rbh.org

2- Pennyroyal Center
   (Hopkinsville & surrounding counties)
   Paula Brown (270) 886-0486
   pbrown@pennyroyalcenter.org

3- River Valley Behavioral Health
   (Owensboro & surrounding counties)
   Nikki Slobig  (270) 689-6564
   Slobig-Shanna@rvbh.com

4- Lifeskills
   (Bowling Green & surrounding counties)
   Karen Garrity  (270) 901-5000 x 1066
   kgarrity@lifeskills.com

5- Communicare
   (Elizabethtown & surrounding counties)
   Tara Smith  (270) 765-5992 x 1401
   TCSmith@communicare.org

6- Centerstone
   (Louisville & surrounding counties)
   Mendy Mason  (502) 341-5400
   mmason@sevencounties.org

7- NorthKey Community Care
   (Newport and surrounding counties)
   Heidi Bohman  (859) 283-0952 x 4251
   heidi.bohman@northkey.org

8- Comprehend
   (Maysville & surrounding counties)
   Lauren Penrose  (606) 759-7799
   lpenrose@comprehendinc.org

9- Centerstone
   (Prestonsburg & surrounding counties)
   MaShawna Jacobs  (606) 889-0328
   Mashawna.jacobs@mtcomp.org

10- Pathways
    (Ashland & surrounding counties)
    Kerry Wheeler  (606) 324-1141 x 4532
    ks wheeler@ pathways-ky.org

11- Mountain Comprehensive Care
    (Prestonsburg & surrounding counties)
    MaShawna Jacobs  (606) 889-0328
    Mashawna.jacobs@mtcomp.org

12- KY River Comprehensive Care
    (Hazard & surrounding counties)
    Ginger Shouse  (606) 666-7591 x 7110
    ginger.shouse@krcnet.com

13- Cumberland River Behavioral Health, Inc
    (Corbin & surrounding counties)
    Jill Owens  (606) 337-2070
    jill.owens@crccc.org

14- The Adanta Group
    (Somerset & surrounding counties)
    Sherri Estes  (606) 679-9425
    sestes1@adanta.org

15- Bluegrass.org
    (Lexington & surrounding counties)
    Pat Tucci  (859) 977-6080 x 5270
    patucci@bluegrass.org

Project Pride
Bluegrass.org Pregnancy Case Management
Lexington Jennie Cannon
(859) 425-1210 x 5243
jh cannon@bluegrass.org

Project Link
Centerstone Pregnancy Case Management
Louisville Ana Williams
(502) 269-8510
Ana.Williams@centerstone.org

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